Adventures in Argentinian Patagonia
11 Days

Mt. Sobek
CELEBRATING 50 YEARS
AS THE PIONEER OF ADVENTURE TRAVEL
Adventures in Argentinian Patagonia

The dazzling glacial waters and cathedral-like peaks of Patagonia beg to be experienced up close, and this multi-sport itinerary lets you truly immerse yourself in the region’s dazzling beauty. Explore the striking Nahuel Huapi Lake in Argentina’s verdant Lake District. Take in arresting views of legendary Fitz Roy and Cerro Torre during treks through Los Glaciares National Park. Sail across Lago Argentino for an unforgettable walk on the Perito Moreno glacier, and ride horses through the Andean foothills at a traditional estancia. Finish your trip in beautiful, cosmopolitan Buenos Aires.

Details

- **Arrive:** Buenos Aires, Argentina
- **Depart:** Buenos Aires, Argentina
- **Duration:** 11 Days
- **Group Size:** 4-14 Guests
- **Minimum Age:** 14 Years Old
- **Activity Level:** Level 3

Testimonials

"An extremely varied trip giving an authentic feeling for the Lake District of Patagonia. Jorge was an exceptional guide, sensitive to each individual’s needs during this sometimes strenuous trip. Would highly recommend it to anyone intrigued by Patagonia."

Gene N.

"A truly awesome and enlightening experience. I will feel and remember Patagonia for many years to come."

Jayne S.

GOT QUESTIONS? SPEAK WITH AN EXPERT.

1.888.831.7526  INFO@MTSOBEK.COM
Why Take This Trip With Us?

REASON #01
We have over 40 years’ worth of expertise in the region of Patagonia, which means you’ll be in excellent hands.

REASON #02
This unique, multi-sport itinerary lets you experience the distinctive landscape of Argentinian Patagonia up close.

REASON #03
Our itinerary showcases different aspects of Argentinian life, from Patagonian ranch life to glaciers and ice fields to the cosmopolitan capital.

What to Expect

ACTIVITIES
Moderate hikes with one strenuous option in Chalten, kayaking on glacial lakes, easy horseback riding, and sailing on a catamaran.

LODGING
Stay in a variety of accommodations, including cozy mountain lodges, boutique hotels, and an elegant Buenos Aires hotel.

CLIMATE
October to March are the best months to travel in Patagonia with moderate to warm temperatures during the days and cool nights.

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips’ success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Alejandro guides for MT Sobek in Patagonia. He has lived in Nahuel Huapi National Park for the past 20 years, and specializes in expeditions that consist of a wide range of activities including hiking, kayaking, horseback riding and mountain biking. In his spare time, you can find him exploring National Parks in Argentina, organizing adventure races, and leading international groups. Fittingly, Alejandro also possesses a university degree in Physical Education.

Alejandro Grillo
Itinerary

DAY 1  
WELCOME TO BUENOS AIRES  
Arrive in Buenos Aires, the capital of Argentina. Meet your MT Sobek representative at the airport and transfer to your hotel in the Recoleta neighborhood. After an orientation, explore the traditional neighborhoods of the city by foot, stopping to see the Plaza de Mayo and the Montserrat, as well as the art district of San Telmo, with its lively street fair. Gather in the evening for a welcome dinner.

Meals: (D)

DAY 2  
FLY TO BARILOCHE IN ARGENTINA’S LAKE DISTRICT  
Board a morning flight to Bariloche. Bordering a glacial lake and surrounded by the snow-capped peaks of the Andes, Bariloche is one of the most celebrated towns in Argentina’s Lake District. Stroll the beautiful promenade and see the town’s civic center. After lunch at one of the typical restaurants, check in to your cozy hotel on the shore of Nahuel Huapi Lake, a few miles away from Bariloche. In the evening, enjoy the hotel’s traditional Argentinian restaurant, where dishes are cooked in a clay oven or on the grill.

Meals: (B) / (L) /(D)

DAY 3  
KAYAK GUTIERREZ LAKE & FOREST HIKE  
After breakfast, depart for a kayaking adventure on Gutierrez Lake, a protected lake at the foothills of the Cathedral mountain range. Paddle on flat water following the shoreline, then enjoy a picnic lunch on a pristine beach before returning. Afterwards, hike through a magnificent forest in Llao Llao and enjoy great views of the
surrounding lakes and mountains before returning to your hotel in the late afternoon. The rest of the evening is free to relax and dine on your own at one of the many fine restaurants in Bariloche.

**Activity:** 2 hours kayaking & 2.5 hours/2 miles hiking with 600’ elevation gain

**Meals:** (B) / (L)

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**DAY 4**

**HIKE CERRO LOPEZ**

After breakfast, hit the trails at Mt. Lopez. Ascend gradually alongside a forest of Cohihue and Lenga trees, and stop for astonishing panoramic views of Nahuel Huapi Lake and the surrounding peaks of the Andes. Avid hikers can walk the optional stretch to La Hoya Basin before returning to our hotel. Dinner is on your own.

**Activity:** 5 hours/8 miles hiking with 700’ elevation gain

**Meals:** (B) / (L)

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**DAY 5**

**GO DEEP INTO PATAGONIA & EXPLORE EL CHALTÉN**

Return to Bariloche airport and board a flight to El Calafate. Enjoy a scenic 2.5-hour drive past Viedma Lake and the Fitz Roy Massif, stopping en route for lunch at a well-known crossroads in the middle of the Patagonian Steppe. Arrive in the village of El Chaltén, your home for the next three nights and base for some of the most
fabulous hiking trails in Patagonia. Take a short walk to nearby lookout points for astonishing views of the massif, followed by dinner at a local restaurant.

**Activity:** 2 hours/2 miles hiking with 700’ elevation gain

**Meals:** (B) / (L) / (D)

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**DAY 6**

**TREK GLACIAL VALLEYS TO CERRO TORRE**

Trek along a glacial valley to Cerro Torre Base Camp and revel in one of the most stunning views in Patagonia: the south face of Cerro Torre, with its iconic pointy spires and hanging glaciers. In the afternoon, return to your hotel in El Chaltén and enjoy the rest of the evening at your leisure.

**Activity:** 6 hours/10 miles hiking with 700’ elevation gain

**Meals:** (B) / (L)

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**DAY 7**

**MARVEL AT MOUNTAIN PEAKS: FITZ ROY, SAINT EXUPERY AND POINCENOT**

After a scenic morning drive, hike into the valley of Rio Electrico and enjoy great views of Marconi and Piedras Blancas Glacier (weather permitting). Enjoy a picnic lunch at Poincenot Camp before continuing on to Laguna Capri, enjoying incredible views of Mount Fitz Roy, Mount Saint Exupery, and Poincenot Peaks. If you’re feeling ambitious, take an optional hike up one last steep hill to Laguna de los Tres — a challenging effort, but worthwhile for its superb views of Mount Fitz Roy and its hanging glaciers.

**Activity:** 6–7 hours/15 miles hiking with 1,000’ elevation gain

**Meals:** (B) / (L) / (D)

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**DAY 8**

**RIDE HORSES AT A PATAGONIAN RANCH**

Visit Estancia La Estela, an authentic sheep ranch located on the east shore of massive Lake Viedma, and experience the vast solitude of the Patagonian Steppe. Saddle up for a horseback ride by the lake shore and through dunes to the birth of Río Guanacos. In the early afternoon, continue to the town of El Calafate, your
home for the next two nights. Check in to your hotel and take some time to relax and enjoy the spa or pool before walking to a local restaurant and enjoying a traditional lamb barbecue and sipping earthy Argentine Malbec.

Activity: 2 hours horseback riding
Meals: (B) / (L) / (D)

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**DAY 9**

**ICE TREK ON PERITO MORENO GLACIER**

Sail across Lago Argentino to the famous Perito Moreno Glacier. Strap on crampons and walk into a surreal expanse of jagged peaks and neon-blue crevasses. (Available for guests aged 65 or younger. Alternatively, walk extensive footbridges for different viewpoints of this amazing natural wonder.) In the afternoon, stop at a scenic overlook facing Canal de los Tempanos, a narrow water channel that separates the peninsula from the huge mass of ice.

Activity: 45-minute sailing & 2 hours/1.5 miles hiking with 150’ elevation gain
Meals: (B) / (L)

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**DAY 10**

**RETURN TO BUENOS AIRES**

After breakfast, drive back to El Calafate to enjoy some leisure time in town before boarding an early afternoon flight to Buenos Aires. After checking into your hotel, gather together for a farewell dinner.

Meals: (B) / (D)

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**DAY 11**

**EXPLORE BUENOS AIRES AND DEPART**

Explore Buenos Aires on your own and enjoy a last bite of Argentinian cuisine. Transfer to Buenos Aires airport in the afternoon to board your flight home.

Meals: (B)
Dates

Oct 21 - 31, 2018
Nov 4 - 14, 2018
Dec 9 - 19, 2018
Feb 10 - 20, 2019
Mar 3 - 13, 2019
Oct 27 - Nov 6, 2019
Dec 8 - 18, 2019
Pricing

2018

$5,695 per person

Additional Cost

$1,950 Single Supplement

2019

$6,395 per person

Additional Cost

$1,595 Single Supplement

PRICE INCLUDES

- Expert leadership from experienced adventure guides
- Accommodations as noted in the itinerary
- Meals as noted in the daily itinerary
- Potable water and snacks throughout
- 1 glass of wine or beer at dinner
- All tips and gratuities for support staff with the exception of your lead adventure guide(s)
- All necessary kayaking and horseback riding gear
- All group entrance fees, activities, and ground transportation
- Arrival and departure day airport transfers

PRICE DOES NOT INCLUDE

- International airfare, any airport taxes, or excess baggage charges
- Lunch on Day 10 and dinner Days 3, 4, 6 and 9
- Optional tips to your lead adventure guides
- Personal expenses such as medical immunizations, phone calls, laundry, or souvenirs
- Airport transfers if arriving outside of Day 1
- Optional travel protection

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

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The World of MT Sobek

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world’s most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite—opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

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