Family Adventure in the Austrian Alps

9 Days
Family Adventure in the Austrian Alps

On this extraordinary family adventure through Germany, Austria and Italy, cross the mighty Alps on one of Europe’s most ancient mountain trails. Hike along magnificent flower-filled valleys to the Anhalter hut and greet grazing cattle along the way. Witness hanging glacier tongues as you hike to the Braunschweiger hut, where snow and ice are present year-round. Trek to the highest point of the journey at 9,829 and spot ibex, marmots and chamois in the panoramic Otz Valley landscape. From Timmelsjoch, head down along old smuggler trails to Italy and wrap up with a visit to Bozen’s 5500-year-old ice mummy. At the end of each challenging day, treat yourself with a swim in the outdoor pools, or join in song over a beverage at a high mountain hut!

Arrive: Munich, Germany
Depart: Munich, Germany
Duration: 9 Days
Group Size: 4-16 Guests
Minimum Age: 13 Years Old
Activity Level: 

Testimonials

"I have taken 12 trips with MT Sobek. Each has left a positive imprint on me—widening my view of the world and its peoples."
Jane B.

"MT Sobek took care of everything for our extended family vacation. Not a hiccup in the planning, the itinerary, the lodging or the guide. Everything in life should be so easy."
Kathy J.
Why Take This Trip With Us?

REASON #01
MT Sobek has been inspiring adventure seekers for 50 years. Our new family adventures make it easy to explore with the ones you love.

REASON #02
Our expert guides have years of experience leading family trips in these mountains and will look out for the safety of the group at all times.

REASON #03
This 40 mile hut-to-hut adventure is a demanding but rewarding introduction to hiking in the Alps for all ages.

What to Expect

ACTIVITIES
Hiking through stunning alpine scenery, culture and history tours, gondola rides, and museum visits.

 Lodging
European-style hotels with swimming pools (where possible) in charming mountain towns, and traditional mountain huts — a true Alpine experience!

CLIMATE
Summertime in Austria can be quite warm, but the mountains have their own weather system. Be prepared for daytime temperatures in the 70’s or 80’s, but with the possibility of rain.

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips’ success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Thomas Bruder is an experienced qualified and certified mountain guide who has been escorting hiking, skiing and canoeing trips in the Canadian Rockies and in the Alps for more than 10 years. Originally Thomas was a professional trombonist (Bavarian State Orchestra). Thomas is eager to show you the Dolomites, in his opinion the most beautiful mountain range of the Alps.

Claudia has lived in Bruneck, Südtirol, for more than ten years. She started out as a trained archaeologist, studying in England and Switzerland. However, she decided to follow her heart and move to the Dolomites. She has found her passion as a climbing and outdoor guide, and is also fully qualified as a paramedic. Claudia brings leadership and enthusiasm to each MT Sobek trip.

Thomas Bruder
Claudia Schwarz

GOT QUESTIONS? SPEAK WITH AN EXPERT.

1.888.831.7526  INFO@MTSOBEK.COM
Itinerary

DAY 1
ARRIVE IN MUNICH & TRANSFER TO OY-MITTELBERG

Arrive at the Munich International Airport (MUC) in the morning or meet at the Best Western Hotel Atrium in Munich by 9am. Your adventure begins with a private bus transfer to the charming mountain village of Oy-Mittelberg. After checking into the hotel, we’ll explore this idyllic place before meeting for a welcome dinner this evening.

Meals: D

DAY 4
HIKE TO ANHALTER HUT & RIDE THE GONDOLA TO VENET HUT

This morning, set out through a picturesque valley dotted with alpine flowers up to the Anhalter mountain hut, passing grazing cows with their cowbells ringing, and horses along the way. Have a hearty lunch at the hut and continue up to the Steinjochle before descending to the road. Board the bus awaiting there for a drive to the village of Zams in the Inn valley and take the gondola to reach the next overnight destination: the Venet mountain hut at 7,217 feet, offering dazzling views over the Austrian Alps.

Activity: 5 hours/6 miles hiking with 2,920’ elevation gain & 1,640’ elevation loss
Meals: B, L, D

DAY 5
HIKE FROM INN VALLEY TO THE VILLAGE OF WENNS

Today follow the mountain ridge that crosses several summits to Mount Venet (8,202’). Hike above the tree line all day, with only moderate ascents, so you can fully enjoy the astounding alpine views all around. Have lunch at the Larcher Alm and continue the hike to the Pitztal Valley and the pretty village of Wenns. Enjoy some time in the afternoon to stroll around, do a little shopping, or unwind at the hotel spa.

Activity: 4.5 hours/6 miles hiking with 1,250’ elevation gain & 5,085’ loss
Meals: B, L, D

DAY 6
HIKE TO THE OTZ VALLEY GLACIERS

Take a private bus to the end of the Pitztal valley, then follow the trail on a scenic hike along a waterfall and glacier tongues hanging on steep walls. Reach the Braunschweiger hut and take in majestic views of year-round snow and ice. After lunch, scramble to the ridge and the highest point (9,829’) of the trip. Look out for the long-horned ibex, traverse some snow, descend to the ski area where scenes from the James Bond movie Spectre were shot, and then take a bus all the way down to Solden.

Activity: 5–6 hours/5 miles hiking with 3,600’ elevation gain & 1,150’ elevation loss

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DAY 7  

HIKE HISTORICAL TYROL FROM AUSTRIA TO ITALY

After a hearty breakfast, take a short private bus transfer to an elevation of 6,561 feet, then climb up to the Timmelsjoch at 8,530 feet. From this spectacular peak, descend along old smuggler trails down into Italy. Have lunch before the drive to Meran, where the trek ends.

Activity: 3–4 hours/5 miles hiking with 985’ elevation gain & 2,950’ elevation loss

Meals: B, L, D

DAY 8  

MARVEL AT THE ICE MUMMY IN BOZEN & RETURN TO MUNICH

After breakfast, take the bus to Bozen to visit the South Tyrol Museum of Archaeology and marvel at Otzi the Iceman from only a few feet away. This stunning 5500-year-old mummy, miraculously preserved in ice, was discovered by two German hikers in 1991. From Bozen, head back to Munich, arriving in the late afternoon. This evening, enjoy a farewell dinner in one of the city’s famous beer gardens.

Activity: Museum tour

Meals: B, L, D

DAY 9  

DEPART FROM MUNICH

After breakfast at the hotel this morning, take a transfer to the airport for your homebound flight.

Meals: B
Dates

Aug 7 - 15, 2019
Aug 5 - 13, 2020

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

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Pricing

2019

$5,395 per person

Additional Cost

$-250 Child Discount (age 17 and under)

$600 Single Supplement

2020

$5,395 per person

Additional Cost

$-250 Child Discount (age 17 and under)

$700 Single Supplement

PRICE INCLUDES

- Expert leadership from experienced family-friendly adventure guides
- Accommodations as noted in the itinerary
- Meals as noted in the daily itinerary
- Potable water and snacks throughout
- 1 glass of wine or beer at dinner
- Age-appropriate welcome gifts for minors
- All tips and gratuities for support staff with the exception of your lead adventure guide(s)
- All group entrance fees, activities, and ground transportation
- Arrival and departure day group airport transfers

PRICE DOES NOT INCLUDE

- International airfare, any airport taxes, or excess baggage charges
- Optional tips to your lead adventure guides
- Personal expenses such as medical immunizations, phone calls, laundry, or souvenirs
- Airport transfers if arriving outside of the group transfer
- Optional travel protection

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The World of MT Sobek

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world’s most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

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Awards

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