Antarctic Expedition

11 Days

MT·SOBEK
MOUNTAIN TRAVEL SOBEK

CELEBRATING 50 YEARS
AS THE PIONEER OF ADVENTURE TRAVEL
Antarctic Expedition

Take a once-in-a-lifetime journey to the "last continent", an unspoiled landscape of glaciers and icy pristine waters. Cross the Drake Passage by ship and prep for the adventure with engaging talks and presentations. Once there, sea conditions determine the itinerary, but our ships call on remarkable places such as Deception Island — a volcanic caldera that we can sail into — and Paradise Bay, a favorite spot for Zodiac cruising to see fantastical iceberg sculptures. Opportunities abound to see penguins, seals, seabirds, and whales, who raise their young in this frozen paradise.

<table>
<thead>
<tr>
<th>Details</th>
<th>Testimonials</th>
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<tbody>
<tr>
<td>Arrive:</td>
<td>Santiago or Punta Arenas,</td>
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<tr>
<td>Depart:</td>
<td>Santiago or Punta Arenas,</td>
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<tr>
<td>Duration:</td>
<td>11 Days</td>
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<tr>
<td>Group Size:</td>
<td>Up to 96 Guests</td>
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<tr>
<td>Minimum Age:</td>
<td>10 Years Old</td>
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<tr>
<td>Activity Level:</td>
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"I've taken six MTS trips and they have all exceed my expectations. The staff, the food, the logistics at the communications have always been exceptional. Thank you for being my "go to" adventure travel company!"

Margaret I.

"I have traveled extensively around the world. The experience with MTS was by far the best I have ever had. Thank you for such excellence."

Marianne W.

GOT QUESTIONS? SPEAK WITH AN EXPERT.

📞 1.888.831.7526 📧 INFO@MTSOBEK.COM
Why Take This Trip With Us?

REASON #01
MT Sobek’s Polar Value Promise means that we offer in-house services to help plan and execute your polar adventure for no added cost.

REASON #02
Over 30 years offering polar voyages we have built strong relationships with polar outfitters and ships that cruise the 7th continent.

REASON #03
We choose ships and operators that maintain a high level of commitment to safety, people, value, quality, environment, well-being, and customer service.

What to Expect

ACTIVITIES
Expert polar interpretation and presentations, professional navigation through Antarctic waters, and up-close wildlife experiences on shore and by Zodiac. Optional kayaking.

LODGING
Ice-strengthened and well-appointed polar expedition ships offer a comfortable and safe way to explore Antarctica. Enjoy healthy cuisine and wellness services onboard.

CLIMATE
Antarctica is unpredictable. There may be days of warm sunshine, but be prepared for wind, rain, and possible snow. Daytime temperatures are usually 20°-32°F.

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips’ success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Kaylan has been guiding since 2014, leading groups in six different countries on four continents. She has worked as a whale watching guide, hiking guide, camping guide, rock climbing instructor and naturalist. She loves leading groups over tundra, mountain, ocean and ice fields. Kayla believes in the deep importance of connecting to wilderness, and to each other. Her most fulfilling experiences consistently relate to connect with people and helping guests enjoy transformative travel experiences. Kaylan is not only a skilled guide with tremendous leadership qualities, but she always strives to help MT Sobek places reach great places, inside and out.

Kaylan Worsnop

Daniel began a career as a special education teacher and in his off time explored the natural world on camping and backpacking trips all over the United States and abroad as a member for the United States Peace Corps. He eventually made his way to Alaska and began working as a wilderness canoeing guide. This afforded him the opportunity to teach travelers about the natural history of the area, from glaciers and their effect on the landscape to the flora, fauna and cultural history of Southeast Alaska.

Daniel Johnston

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Itinerary

**DAY 1**
**ARRIVE IN SANTIAGO OR PUNTO AREANAS**
Gather with your trip mates in Santiago or Punta Arenas (depending on departure) this morning to board a private charter flight to Stanley, the capital of the Falkland Islands. This afternoon, you will explore town and enjoy a guided visit to Gypsy Cove for an opportunity to observe the local wildlife of nesting Magellanic penguins and other sea birds.

Meals: D

**DAY 2**
**CROSS THE DRAKE PASSAGE**
Sail across the 620 mile passage, crossing the Antarctic Convergence. Here the cold waters of the Antarctic meet the warmer seas of the Atlantic, and the surfacing nutrients attract seabirds and whales. The Drake Passage can have some treacherous ocean conditions at times. Crossings can be rough, but are usually tolerable. (Seasickness medication helps.)

Meals: B, L, D

**DAY 3**
**SAIL TO THE ANTARCTIC PENINSULA**
During the voyage, prep for upcoming adventures with interesting presentations by onboard experts about the environment, wildlife, and history of Antarctica. Drawing closer to the Peninsula, feel the first signs of Antarctic magic. Breathe in the refreshing air, glimpse huge, tabular icebergs, and see the first signs of local wildlife.

Meals: B, L, D

**DAY 4**
**ARRIVE AT PARADISE BAY**
Be dazzled by the first glimpse of the continent at Paradise Bay. Enjoy panoramic views from the top of a hill and keep an eye out for whales and seabirds. Take a Zodiac ride around fantastic turquoise and blue ice sculptures, which have been shaped by wind and water. Spend Days 4 to 8 cruising the Peninsula, venturing ashore for walks whenever possible. Many factors play a role in shaping the itinerary based on ever-changing Antarctic conditions, but the experienced expedition leaders craft the best possible experience based on weather conditions.

Meals: B, L, D

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EXPLORE CUVERVILLE ISLAND

Visit the peninsula’s largest gentoo penguin colony of approximately 5,000 nesting pairs on Cuverville Island’s rocky beach. Southern giant petrels, kelp gulls, and Antarctic terns also gather here. Cruise by Zodiac or paddle by kayak (optional program) among the bergs while keeping an eye out for curious leopard seals and humpback whales feeding offshore. Small coveys of gentoos sometimes swim by, their soft calls producing background music.

Activity: Optional kayaking (additional fees apply)
Meals: B, L, D

VISIT ORNE HARBOR

Climb to the summit of Orne Island on the Gerlache Strait for 360-degree panoramic views of the area. Some chinstrap penguins nest at the very top; these are the "mountain climbers" of the penguin world, preferring the view from the top of the cliffs. Over the course of the spring and summer, the sun lingers longer, melting snow and ice. Wildlife grows in abundance: chicks hatch and pods of whales breach in a deep bay. The natural cycle of life ensures that every expedition is different and full of surprises!

Meals: B, L, D

EXPLORE PAULET ISLAND & THE LEMAIRE CHANNEL

Visit Paulet Island, where hundreds of thousands of penguin pairs nest with their chicks. Find the remains of the Swedish Antarctic Expedition’s Captain’s hut. Twenty men wintered here, surviving on penguins and seals. Cruise through the breathtakingly narrow Lemaire Channel, with mountain walls rising thousands of feet straight out of the water. Keep an eye out for humpbacks, orcas, and leopard seals among the ice floes. This is one of the most scenic locations in Antarctica. However, the passage may sometimes become impassable.

Meals: B, L, D

SAIL TO HALF MOON ISLAND & DECEPTION ISLAND

Begin to travel back north to the South Shetland Islands, where the crescent-shaped Half Moon Island lies nestled within a passage. Spectacular mountains tower all around the fur seals and many species of birds, such as kelp gulls and snowy sheathbills. Sail into Deception Island, one of the few volcanic calderas in the world that large ships may sail into. Explore abandoned whaling station ruins and take an active hike to "Neptune’s Window" — high up onto the rim of the crater. If the conditions are right, partake in the "polar plunge" in the thermal waters along the shore.

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DAY 9  RETURN JOURNEY ACROSS THE DRAKE PASSAGE
Sail across the same passage back to Ushuaia, having walked the path of the great Antarctic adventurers. Muse
upon the skies and vast landscapes of the continent, just as explorers Cook, Ross, Scott and Shackleton did. Take
time to review your photographs with the onboard photography expert.

Meals: B, L, D

DAY 10  FINAL CROSSING DAY
Rest and reflect as the ship continues its journey towards home and opt to take advantage of the onboard spa
services. Cap off the trip with a sail past Cape Horn on the way to Ushuaia, weather permitting.

Meals: B, L, D

DAY 11  RETURN TO SANTIAGO OR PUNTA ARENAS & DEPART
Arrive back in the port of Stanley in the early morning, while dawn breaks over the town. Say goodbye to the crew
before boarding the return charter flight to Santiago or Punta Arenas (depending on departure) and flying home.

Meals: B
Dates

Dec 6 - 16, 2019
Mar 18 - 28, 2020
Mar 10 - 20, 2021
Mar 20 - 30, 2021

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.
Pricing

2019

$8,695 per person

**PRICE INCLUDES**
- Listed pricing applies to the Triple Cabin category
- Expert leadership from an experienced team of naturalists and guides
- Accommodations as noted in the itinerary
- Meals as noted in the daily itinerary
- Potable water and snacks throughout
- Welcome drink and farewell drink
- Complimentary foul weather gear rental (jacket, bib pants, gumboots, waterproof bag)
- All necessary camping gear for free overnight camping program
- All necessary kayaking gear for optional kayaking program
- Group transfer from meeting location to the ship on embarkation day
- Group transfer from the ship to the airport on disembarkation day

**PRICE DOES NOT INCLUDE**
- International airfare, any airport taxes, or excess baggage charges
- Inbound airport transfer
- Optional tips to your ship staff and expedition team
- Personal expenses such as medical immunizations, phone calls, internet access cards, laundry
- Optional travel protection

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The World of MT Sobek

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world’s most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite—opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeable and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

We are the adventure company.

Awards

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SEVEN CONTINENTS.
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